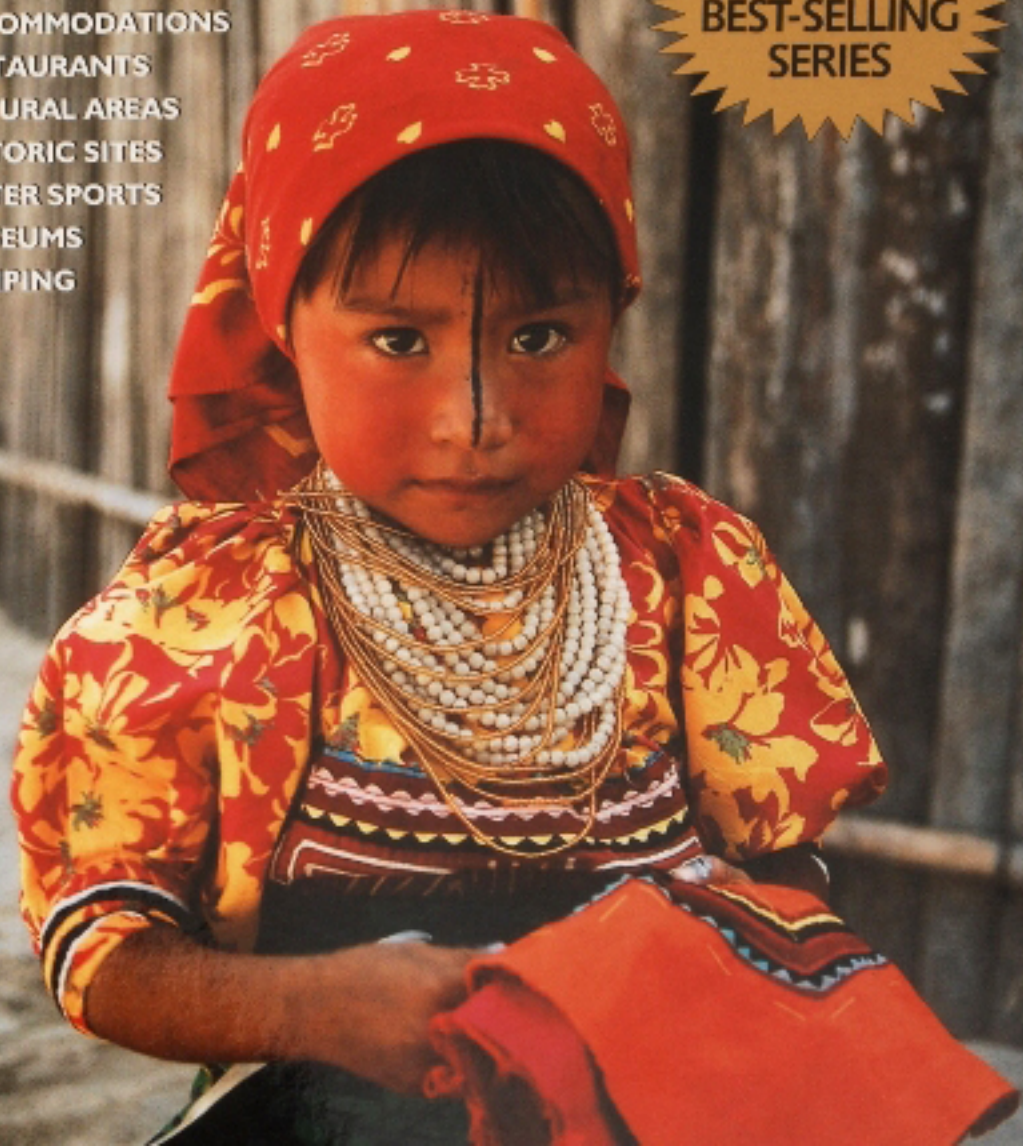


Adventure Guide

- ACCOMMODATIONS
- RESTAURANTS
- NATURAL AREAS
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- WATER SPORTS
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BEST-SELLING
SERIES



included in the rate and sometimes discounts are available with Internet bookings.

Al Natural, 30 minutes by boat from Bocas town, ☎/fax 507-757-9004, 507-623-2217 for last-minute reservations, www.bocas.com/alnatura.htm, \$\$ to \$\$\$\$. This is a perfect island getaway for honeymooners, romantics, and naturalists. It has five gorgeous bungalows isolated in a cathedral of green jungle at the edge of the sea. Built of natural materials in the rounded, stilt-house style of the region's Ngöbe-Buglé Indians, these unique bungalows are a conservationist's dream come true. Solar electricity powers the lighting, ceiling fans – and your electric shaver or hair dryer. Gleaming native hardwoods are used for the floors, and walls extend only halfway up to overhanging, conical palm-frond roofs – and then only on the jungle side. The fronts are open to the sea. Designed to ensure absolute privacy, each minimally and elegantly furnished natural house has a private bathroom and terrace. There are three types: natural house, natural house deluxe, and two-story. The larger houses will accommodate up to four adults. Some have queen beds, some have king and twin, and all are draped in custom-made mosquito nets for optimum comfort. Go for the two-story house if available – it's awesome and only \$5 more than the deluxe. The lovely outdoor dining/bar area, also circular and palapa-roofed, is designed for savoring delicious, imaginative seafood dinners with wine. Wake to birdcalls and chattering monkeys, drift off to the sound of waves lapping the pristine white shore. All room rates include meeting and transfers to the resort from Bocas del Toro's airport, three delicious meals daily, and use of windsurfing equipment, kayaks, snorkeling and fishing gear, archery. A special all-inclusive package with a two-night minimum stay includes all of the above plus a three- to four-hour boat tour each day to area attractions, and all alcoholic and non-alcoholic beverages. French, English and Spanish are spoken.